

2015 All-San Gabriel Valley - Boys

100 meters

SGV Record: 10.31 Remontay McClain (Covina) 2011

2014 SGV Best: 10.54 Cravon Gillespie (Monrovia)

SGV Standard: 11.20 California #100: 10.98 SGV #50: 10.75

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
10.77	Zachary Shinnick	10	Damien	
10.85	Thaddeus Smith	12	Damien	
10.99	Aubrey Mosley	11	Monrovia	
11.00	Alec Duran	12	Bonita	
11.11	Austin Warrington	12	Diamond Bar	

200 meters

SGV Record: 10.57y James Sanford (Pasadena) 1977

2014 SGV Best: 21.36 Thaddeus Smith (Damien)

SGV Standard: 22.63 California #100: 22.19 SGV #50: 21.76

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
21.48	Zachary Shinnick	10	Damien	#31 All-Time SGV
21.64	Thaddeus Smith	12	Damien	PR 21.36 is #19 All-Time SGV
21.97	Aubrey Mosley	11	Monrovia	
22.24	Noah Wu	12	Arcadia	
22.48	D'Juan Shamburger	11	Covina	
22.53	Greg Hennes	12	Covina	
22.61	Seth Raines	12	Monrovia	

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400 meters

SGV Record: 45.14 Obea Moore (Muir) 1995

2014 SGV Best: 48.38 Ross Niederhaus (St. Francis)

SGV Standard: 50.58 California #100: 49.58 SGV #50: 48.74

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
47.91	Zachary Shinnick	10	Damien	#17 All-Time SGV
48.22	Ross Niederhaus	12	St. Francis	#31 All-Time SGV
49.06	Seth Raines	12	Monrovia	
49.67	D'Juan Shamburger	11	Covina	
50.04	Greg Hennes	12	Covina	
50.15	Chip Crowley	12	San Marino	
50.30	Thomas Medina	12	Santa Fe	

800 meters

SGV Record: 1:46.41 Michael Granville (Bell Gardens) 1996

2014 SGV Best: 1:53.70 Dillon Beckum (Bonita)

SGV Standard: 1:58.83 California #100: 1:56.50 SGV #50: 1:54.24

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
1:53.95	Dillon Beckum	10	Bonita	PR 1:53.70 is #39 All-Time SGV
1:57.93	Ethan Van Setten	12	Walnut	
1:58.78	Daniel Salazar	11	Covina	
1:58.27	Tim Corvese	11	Damien	
1:58.34	Gavin Bradley	11	Ayala	
1:58.50	Millen Trujillo	12	Walnut	

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1600 meters

SGV Record: 4:06.61y Amar Mussa (Arcadia) 2011

2014 SGV Best: 4:11.00 Estevan de la Rosa (Arcadia)

SGV Standard: 4:25.04 California #100: 4:19.85 SGV #50: 4:17.24

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
4:10.75y	Dillon Beckum	10	Bonita	SR & #11 All-Time SGV
4:14.04y	Millen Trujillo	12	Walnut	SR & #24 All-Time SGV
4:21.96	Gavin Bradley	11	Ayala	
4:22.44c	Daniel Salazar	11	Covina	
4:23.52	Alfredo Velazquez	11	Baldwin Park	
4:23.63	Fernando Gonzalez	12	Bishop Amat	
4:23.68	Edwin Wu	12	Rowland	
4:24.16	Mike Lowrie	12	Claremont	
4:24.18	Kevin Herrera	12	Covina	
4:24.74	Samuel Bautista	12	California	

3200 meters

SGV Record: 8:48.71y Amar Mussa (Arcadia) 2011

2014 SGV Best: 8:56.55 Estevan de la Rosa (Arcadia)

SGV Standard: 9:37.17 California #100: 9:25.85 SGV #50: 9:15.04

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
9:13.10	Millen Trujillo	12	Walnut	#41 All-Time SGV
9:18.33	Jack Vanscoter	11	Flintridge Prep	
9:19.57	Salvador Capetillo	11	Baldwin Park	
9:23.69	Robbie Santoyo	11	Bishop Amat	
9:24.05	Mike Lowrie	12	Claremont	
9:25.26	Adrian Diaz	11	Bishop Amat	
9:25.34c	Kevin Herrera	12	Covina	
9:30.80	Jonah Ross	12	Claremont	
9:30.17	Fernando Gonzalez	12	Bishop Amat	
9:31.60	Samuel Bautista	12	California	
9:32.37	Gavin Bradley	11	Ayala	

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110 meter Hurdles

SGV Record: 13.54 Marcell Allmond (St. Paul) 1999

2014 SGV Best: 14.57 Dario Robinson (Schurr)

SGV Standard: 15.48 California #100: 15.18 SGV #50: 14.46

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
14.47	Kahlin Williams	12	Rowland	
14.56	Jasher Foster	11	St. Francis	
14.58	Isaiah Austin	12	Diamond Bar	
14.60	Gary Hawkins	12	Gabrielino	
14.88	Anthony Culpepper	12	Walnut	
14.92	Alan Tantiwassadakran	12	Walnut	
15.08	Kaodilichi Nwuda	12	Damien	
15.29	Ricky Rodriquez	11	California	
15.30	Leo Brown	12	Covina	
15.32	Aubrey Mosley	11	Monrovia	
15.44c	Diamon Davis	12	West Covina	

300 meter Hurdles

SGV Record: 36.18 Makio Haywood (Muir) 1996

2014 SGV Best: 39.39 Josh Taylor (West Covina)

SGV Standard: 40.67 California #100: 39.88 SGV #50: **38.29**

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
38.18	Caleb Stanton	11	Bonita	SR? & #43 All-Time SGV
38.23	Leo Brown	12	Covina	#47 All-Time SGV
38.86	Pearnell Smalley	12	Covina	
38.93	Jasher Foster	11	St. Francis	
39.99	Kaodilichi Nwuda	12	Damien	
40.27	Anthony Culpepper	12	Walnut	
40.49	Aubrey Mosley	11	Monrovia	

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4 x 100m Relay

SGV Record: 40.28 Muir 1997

2014 SGV Best: 41.45 Monrovia

SGV Standard: 43.91 California #100: 43.05 SGV #50: 42.23

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
42.50			Monrovia	
42.80			Covina	
42.86			Arcadia	School Record
43.24			Damien	
43.75			Muir	
43.78			Diamond Bar	

4 x 400m Relay

SGV Record: 3:08.66 Muir 1997

2014 SGV Best: 3:23.02 Santa Fe

SGV Standard: 3:28.90 California #100: 3:24.80 SGV #50: 3:19.24

<u>Time</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
3:23.05			Monrovia	
3:24.54c			Covina	
3:25.41			Bonita	

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High Jump

SGV Record: 7-01 Mark Wilson (Charter Oak) 1989

2014 SGV Best: 6-06 Kyle King (Walnut) & Robert Prata (Damien)

SGV Standard: 6-02 California #100: 6-04 SGV #50: 6-07

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
6-06	Vince Porter	12	Polytechnic	
6-05	Gavin Hong	12	Gabrielino	School Record
6-03	Colin Cavanaugh	11	Damien	

Pole Vault

SGV Record: 16-04.75 Paul Hegler (Muir) 1966

2014 SGV Best: 15-2 Barrett Weiss & Gareth Weiss (Flintridge Prep)

SGV Standard: 13-08 California #100: 14-00 SGV #50: 14-06

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
15-00	Barrett Weiss	12	Flintridge Prep	PR 15-02 is #16= All-Time SGV
14-06	Jorge Zapien	12	California	SR & #46= All-Time SGV
14-01	Esteban Suarez	11	South Pasadena	
14-00	Jonathan Mau	12	Walnut	

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Long Jump

SGV Record: 26-00.75 Jerry Proctor (Muir) 1967

2014 SGV Best: 22-07.50 Shin Sung (John) Cho (Arcadia)

SGV Standard: 21-01 California #100: 21-06.50 SGV #50: 23-05.75

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
21-10.50	Octavius Spencer	12	Monrovia	
21-06	Landon Jones	12	La Mirada	
21-05	Josh De Francisco	12	St. Paul	
21-03	Ulysses Aparicio	12	Northview	
21-02.75	Brandon Carlin	11	Damien	
21-02	Jasher Foster	11	St. Francis	

Triple Jump

SGV Record: 53-06.50 Joe Richardson (Pasadena) 1984

2014 SGV Best: 46-05.75 Eric Knowles (St. Francis)

SGV Standard: 42-08 California #100: 43-06 SGV #50: 46-06

<u>Mark</u>	<u>Athlete</u>	<u>Gr</u>	<u>School</u>	<u>Notes</u>
46-00	B.J. McLaurin	11	Bonita	
44-09.50	Mason Orr	12	Ayala	
44-07.75	Andrew Agyeman	12	Damien	
44-00.50	Ricky Rodriguez	11	California	
43-03.75	B.J. Ubani	10	West Covina	
43-03.50	Dakota Kent	12	Ayala	
43-03	Alex Perez	11	South Hills	
42-10	Noah Vitale	12	Rowland	
42-10	A.J. McLaurin	12	Bonita	